



***SOUTHWEST
SOCCER***

Southwest District Soccer League

2022

Grassroots

Email: league@swrsa.ca



2022 League Handbook Contents

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Southwest Soccer Association

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Vice President	Patrick Bandura
Director At Large	Sandra Riberdy
Director At Large	Laszlo Sarkany
Director At Large	Kimberly Seed

District Staff

General Manger	Daniel Rowe
District Administrator	Martha Astesiano



2022 Southwest District Soccer League

Website Tasks & How to Submit Game Results

All team officials have to perform the following before the start of the season:

- Activate their 'My Team' account
 - Visit www.swrsaleague.ca
 - Do NOT try to log in
 - Click 'My Team' button
 - Click 'Activate' link found on the left hand side of the screen
 - Enter activation code- *please contact Club Administrator for this code*
 - Once you enter this code, you will be asked to select your team from the dropdown list.
Please ensure you select the proper team
 - Complete activation process until you are told you are logged in.

Grassroots (U9-U12) squads are inputted by the Club Administrator, team officials of these age groups are not required to enter rosters.

Before Each Game

- At Home
 - Go to 'My Team'- Coach Option
 - Game Sheets- Click on corresponding game date
 - Check players who you know will be attending or check all if unaware
 - Print 3 game sheets
- At the field...
 - Ensure you bring the 3 game sheets with you
 - If any changes are required, please do so manually
 - Cross off players who were printed on the game sheet, but are not in attendance or add rostered players that were not printed on the game sheet. Guest players must be added manually.
 - Ensure only eligible players on the game sheet are sitting on the bench.
 - Have the correct game fees organized and with the game sheets.
 - Give the game sheets to the match official at least 15 minutes before the scheduled kick-off
 - Ensure substitutes are wearing pinnies and are seated unless warming up
 - Coach within 1 metre of the bench.

After Every Game

- At the field...
 - Match Official will return the game sheets using the following criteria
 - 1st copy- for the match official to submit to Southwest Soccer
 - 2nd copy- for the Home team's record
 - 3rd copy- for the Away team's record



AT HOME...

For the GRASSROOTS AGE DIVISIONS (U9-U12) team officials are only required to select whether the game was completed or not. As per LTPD and Ontario Soccer Policy there are no stats, standings or scores for these age divisions

This must be completed within 48 hours of game completion, failure to do so will result in disciplinary action.

How to Submit Game Results

- Go to 'My Team' – Coach Options
- Select 'Game Report' – select the game you are reporting
- Indicate if the game was completed or not

If you do not agree, please advise your Club Administrator to notify the league so the issue can be resolved.

- Enter remaining details, including all cautions and dismissals

Please Note:

Team Officials are no longer required to submit game sheets copies to the league. Team Officials will solely be reporting Game Results via www.swrsaleague.ca following the process outlined above.

The SWDSL may request copies of the game sheets through the Club for dispute resolution

Frequently Asked Questions

Why isn't my game result showing?

In order for a game result to show both coaches MUST enter the game results using the 'My Team' Game Reports.

How do players/parents access team information?

Once the coach has created a team password (My Team- Coach- team password) and has given it to the players you have everything you need to start. At the top of screen on the Home page use the 'registration' link to set your login. As a player, choose your team and enter the team password. The system will ask you to select yourself from the roster list, and then begin to input your login and contact information. Once completed, you have gained access to the team player features on the site. Parents will be required to use their child's user ID and password if they require access.



Connected to the wrong team?

Please email league@swrsa.ca using the email address you used to connect and the team you are connected to. Your profile will be deleted and you must redo the process stated above.

How do I add Call Ups?

In the case of guest player (ie call-ups), manually add the names to the game sheet once you've printed them. Once the game is complete and you are reporting your game add the call ups under 'guest players' if available as an option. See 2022 rule amendments below.

Can I scan and email the game sheets instead of mailing?

Coaches are no longer required to scan and email game sheets to the league. All game reports are to be submitted through www.swrsaleague.ca, and are required to do so within 48 hours of completion of the game. Please note if you do scan and email these results to league@swrsa.ca or gamereports@swrsa.ca it **does not** replace submitting the results on the league website.

How do I add my other team officials?

Each team official must obtain the activation code to create their own user ID. The code and instructions have been submitted to your club, you must contact your club directly to obtain this information. Once you have done so, you must follow the instructions listed under Website Tasks.

How do I notify the SWDSL I will be defaulting a game?

In the event your team will be defaulting a game you must notify the League and Referee Assignors at league@swrsa.ca and refscheduler@swrsa.ca in advance. The email must identify the game number, date, location, and reason for defaulting the game. The team shall be subject to discipline as per the SWDSL Rules and Regulations based on time of notification.

Grassroots - New Rules/ Amendments 2022

Reminder that updates to the amended rules can be expected as public health units share further guidance.

Playing Up at Grassroots Level (U8-U12)

- 6.3.2.1 As clubs continue to recover from the impacts of the pandemic Rule 6.3.2 limiting grassroots call ups will remain void for the 2022 season.
- 6.3.2.2 In all Grassroots Divisions, call ups are permitted from target, development, or house league player pools from the age division one year below the game day roster in need of a player.
- 6.3.2.3 In all Grassroots Divisions, call ups are permitted from house league programs of the same age division. Open roster player movement is permitted and encourage amongst target and development teams in the same age division.
- 6.3.2.4 The purpose of rule 6.3.2.2 and 6.3.2.3 is to assist clubs in populating game day rosters and as a result limit the number of game defaults in a season where club programs continue to recover.



Scheduling

- 7.8.1 Depending on public health restrictions, return to play restrictions, length of season, and division size the resulting schedules may be reduced and/or unbalanced
- 7.9.1 In the under nine (U9) to under twelve (U12) aged divisions, all game day rosters will be scheduled in 10 to 12 festival format competition days. Festival format play will consist of 1 or 2 matches on a single competition day.
 - 7.9.1.2 The number of matches offered per festival is dependent on host field availability and number of game day rosters.
- 7.9.2 In under nine (U9) to under twelve (U12) aged divisions, all games will be scheduled for the playing day identified in Appendix "A" in a festival format with the following exception and limitation:
 - a) In the occurrence of a *non-festival format* scheduled playing day, a reschedule request may be submitted in alignment with rescheduling procedures. Rescheduled day must align with the published playing day.
* a non-festival format consists of two game day rosters scheduled to participate in a single match. *

Postponement and Defaulting of Games

- 9.5.1 A Notice of Default will not be accepted more than 72 hours in advance of the originally scheduled game.

Up until the 72-hour mark it is expected that the teams will make every attempt to agree upon a new time, date and location to complete a reschedule.

Uniforms and Equipment

- 12.2.2 Teams must wear the Uniform of the member organization to which they are registered. The Uniform must display the organizations crest/logo.

Match Officials

- 14.1.4 At all grassroots division competitions the game day rosters shall split all Match Official Fees.
- 14.5.1 Assistant Referees shall NOT be assigned to U11 and U12 divisions for the Outdoor 2022 season.

To obtain the most updated copy of the complete SWDSL Rules and Regulations, please click [here](#)



Severe Weather Policy

Lightning Safety/ Severe Weather Policy When thunder roars, go indoors!

The safety of players, coaches, management and spectators is the primary concern in any weather event that occurs during all matches sanctioned by Canada Soccer. By understanding and following the below information, the safety of everyone shall be greatly increased. Ultimately, the referee has the final say over delaying or restarting a match due to weather. Waiting to stop play or not waiting to start play may result in a serious injury or loss of life. Referees are expected to act responsibly when dealing with such events during matches they are controlling. If you can hear thunder, you can get hit by lightning. As soon as you hear thunder, quickly get to a safe location. More people are struck before and after a thunderstorm than during one. Stay inside for 30 minutes after the last rumble of thunder.

Additional Information Please note the following recommendations from Environment Canada:

- **To plan for a safe day**, check the weather forecast first. If thunderstorms are forecast, avoid being outdoors at that time or make an alternate plan. Identify safe places and determine how long it will take you to reach them.
- **Watch the skies for developing thunderstorms and listen for thunder**. As soon as you hear thunder, quickly get to a safe location. If you can hear thunder, you are in danger of being hit by lightning. More people are struck before and after a thunderstorm than during one.
- **Get to a safe place**. A safe location is a fully enclosed building with wiring and plumbing. Sheds, picnic shelters, tents or covered porches do NOT protect you from lightning. If no sturdy building is close by, get into a metal-roofed vehicle and close all the windows.
- **Do not handle electrical equipment, telephones or plumbing**. These are all electrical conductors. Using a computer or wired video game system, taking a bath or touching a metal window frame all put you at risk of being struck by lightning. Use battery-operated appliances only.
- **If caught outdoors far from shelter, stay away from tall objects**. This includes trees, poles, wires and fences. Take shelter in a low-lying area but be on the alert for possible flooding.

Be aware of how close lightning is occurring. Thunder always accompanies lightning, even though its audible range can be diminished due to background noise in the immediate environment and its distance from the observer. When larger groups are involved, the time needed to properly evacuate an area increases. As time requirements change, the distance at which lightning is noted and considered a threat to move into the area must be increased. Know where the closest "safe structure or location" is to the field or playing area and know how long it takes to get to that safe structure or location.

Safe structure or location is defined as:

- Any building normally occupied or frequently used by people, i.e., a building with plumbing and / or electrical wiring that acts to electrically ground the structure. Avoid using shower facilities for safe shelter and do not use the showers or plumbing facilities during a thunderstorm.

In the absence of a sturdy, frequently inhabited building, any vehicle with a hard metal roof (not a convertible or golf cart) and rolled-up windows can provide a measure of safety. A vehicle is certainly



better than remaining outdoors. It is not the rubber tires that make a vehicle a safe shelter, but the hard metal roof which dissipates the lightning strike around the vehicle. Do not touch the sides of any vehicle!

If no safe structure or location is within a reasonable distance, find a thick grove of small trees surrounded by taller trees or a dry ditch. Assume a crouched position on the ground with only the balls of the feet touching the ground, wrap your arms around your knees and lower your head. Minimize contact with the ground because lightning current often enters a victim through the ground rather than by a direct overhead strike. Minimize your body's surface area and the ground! Do not lie flat! If unable to reach safe shelter, stay away from the tallest trees or objects such as light poles or flag poles), metal objects (such as fences or bleachers), individual trees, standing pools of water, and open fields. Avoid being the highest object in a field. Do not take shelter under a single, tall tree.

Avoid using the telephone, except in emergency situations. People have been struck by lightning while using a land-line telephone. A cellular phone or a portable remote phone is a safe alternative to land-line phones, if the person and the antenna are located within a safe structure or location, and if all other precautions are followed.

When considering resumption of any athletics activity, wait at least thirty (30) minutes after the last flash of lightning or sound of thunder before returning to the field. First aid for lightning victims Prompt, aggressive CPR has been highly effective for the survival of victims of lightning strikes.

- Lightning victims do not carry an electrical charge and can be safely handled.
- Call for help. Victims may be suffering from burns or shock and should receive medical attention immediately. Call 9-1-1 or your local ambulance service.
- Give first aid. If breathing has stopped, administer cardio-pulmonary resuscitation (CPR). Use an automatic external defibrillator if one is available.

For additional information the following websites are helpful: <http://www.ec.gc.ca/foudre-lightning/default.asp?lang=En&n=57412D67-1> www.weatheroffice.gc.ca/lightning

Heat Advisory

In the event of a heat advisory (as issued by Environment Canada) it is MANDATORY for match officials to provide water breaks as follows:

1. At the midway point of each half
2. Provide a 60 second break
3. Game clock is stopped during mandated water breaks

This is MANDATORY for player safety and cannot be ignored. If a heat advisory has not been issued and team officials are seeking water breaks, the request to the match official should occur prior to the game. These water breaks will be permitted at the discretion of the match official.

The safety of the players, coaches, management and spectators is the primary concern in any weather event that occurs during all matches sanctioned by Southwest Soccer. The Match Official has the final



say over delaying or restarting a match due to weather. Waiting to stop play or not waiting to start play may result in a serious injury or loss of life. Match Officials are expected to act responsibly when dealing with such events during matches they are controlling.

CSA Cast Policy

This CSA Policy document is designed to reduce inconsistencies in rulings over players wear casts. All referees are expected to follow these policies in all matches sanctioned by the CSA.

Law 4 states that a player may not use equipment that is dangerous to himself or another player. This is further expanded upon in the Interpretations of the Laws of the Game whereby it is advised that players may use equipment that has the sole purpose of protecting the individual physically providing that it poses no danger to the individual or any other player.

Modern protective equipment made of soft, lightweight, padded materials are not considered dangerous and are therefore permitted.

Hard casts are considered to pose a danger to both the wearer and other players and are not permitted to be worn. The practice of padding a hard cast does not reduce the element of danger.

Players wearing a soft cast will be permitted to play if the cast does not present a danger to the individual or any other player

The referee or Supervisor of Officials (if one has been appointed to the match/tournament) will make the final decision as to the acceptability of any cast.

Any player who uses a cast with the intent to intimidate or injure an opponent shall be cautioned or sent off.

Players Equipment

A player may use equipment other than the basic equipment provided that its sole purpose is to protect him physically and it poses no danger to him or any other player.

All items of clothing or equipment other than the basic equipment must be inspected by the referee and determined not to be dangerous.

Modern protective equipment such as headgear, facemasks and knee and arm protectors made of soft, lightweight padded material are not considered dangerous and are therefore permitted.

Where head covers are worn, they must;

- Be black or of the same main colour as the jersey (provided that the players of the same team wear the same colour)
- Be in keeping with the professional appearance of the player's equipment
- Not be attached to the jersey



- Not pose any danger to the player wearing it or any other player (e.g. opening/closing mechanism around neck)
- Not have any part(s) extending out from the surface (protruding elements)

In view of new technology that has made sport spectacles made safer, both for the wearer and for other players, referees should show tolerance when authorizing their use, particularly for younger players. If an item of clothing or equipment that has been inspected at the start of a match and determined not to be dangerous becomes dangerous or is used in a dangerous manner during the match, its use must no longer be allowed.

The use of electronic communication systems between players and/or technical staff is not permitted. Where electronic performance and tracking systems (EPTS) are used (subject to the agreement of the member association/competition organizer concerned):

- They must not pose any danger to the players and/or match officials
- Information and data transmitted from the devices/systems is not permitted to be received or used in the technical area during the match

Jewelry

All items of jewelry (necklaces, rings, bracelets, earrings, leather bands, rubber bands, etc.) are strictly forbidden and must be removed. Using tape to cover jewelry is not acceptable.

Referees are also prohibited from wearing jewelry (except for a watch or similar device for timing the match)

4 up 1 up

What is it?

- When a club is losing by 4 goals, a player can be added
- It is a simple conversation between the two coaching staff- identifying they are adding the extra player because the squad is losing by 4 goals.
- When the goal difference becomes 3 goals a player is removed
- If the goal difference goes to 8 goals a second player is added

Why?

- Creates better competition... for all children
- Provides an opportunity for challenge
- Keeps players encouraged and motivated
- It is player centered

4 Up 1 Up Procedure

What is the Coaches Responsibility?

The responsibility of the coach is to communicate with the Match Official to advise of the additional player entering the playing field when a four goal differential exists. It is also the coaches responsibility to advise the Match Official of a player removal when the goal differential is decreased.



What is the Match Officials Responsibility?

The responsibility of the Match Official is to communicate with the coaches to ensure proper implementation. When a player is to be added the coach is to notify the Match Official. When a deficit is decreased and a player is to be removed the Match Official is to ensure this occurs.

Ball In and Out of Play

Ontario Soccer has updated rules for U10 to include dribble in as found on the matrices stating ball in and out of play rule for U8 - U10:

If the ball has crossed the touchline, the kicker can pass or dribble the ball back in to play.

The ball must be stationary and placed on or behind the touch line. The ball is in play when it enters the field of play. Opposing players must be at least 3 meters away.

Kicker must first touch the ball into the field of play or pass the ball to a team-mate before scoring. If a player scores without the ball being touched a second time, play will restart with a goal kick or corner kick.

SOUTHWEST SOCCER DISCIPLINE SYSTEM

IT IS ESSENTIAL THAT THE TEAM OR CLUB OFFICIAL DISCUSS THE FOLLOWING WITH THEIR PLAYERS AND THAT THE PLAYERS UNDERSTAND THE FOLLOWING PROCEDURES:

All Discipline will be conducted where possible by Discipline by Review (DBR). Some cases, such as those involving physical assault of a Game Official, shall be handled as per the Rules and Regulations of the Ontario Soccer. Persons charged have the right to request a Discipline by Hearing (DBH) (fees may be involved). These requests must be received in writing by the Southwest Soccer Discipline Coordinator within three (3) days of the receipt of the dismissal.

As per Ontario Soccer Policy 5.4.2, Southwest Soccer publishes the dates on which it holds Regularly Scheduled Hearings. Southwest Soccer will publish the name of the player / coach / club etc. and the Ontario Soccer charge and corresponding suspension on www.swrsa.ca. Correspondence detailing the suspension will be issued to the Club and the League. It is the responsibility of the Club to inform the player of his / her suspension. It is the responsibility of the player to check the Southwest Soccer website and / or Request a Hearing within three (3) days of receiving the dismissal. It is the responsibility of the League to ensure those players / Clubs adheres to the suspensions issued by Southwest Soccer.

In all cases of an **alleged Referee Assault**, upon receipt of the referee's report, Southwest Soccer shall notify the alleged accused that he/she will be **SUSPENDED IMMEDIATELY** from all soccer related activity pending a hearing by Southwest Soccer's Discipline Committee. Said person will be notified in writing of when and where to appear.



A)

DISCIPLINE BY REVIEW SYSTEM (DBR):

For the following offences:

- All misconducts will be dealt with by Discipline By Review, where permitted under Ontario Soccer Policies.
- The Discipline Committee will review all misconduct reports based on the referee report only and render a decision without a formal hearing. Southwest Soccer will issue an email to the Club stating game suspensions and non-refundable discipline fee of **\$50.00** (cash or credit only) which is payable by date stated in the notification. **If the fee is not paid by this date the player will be suspended from all soccer activity until the outstanding fee is settled. All fees will be paid to Southwest Soccer via the club in which the player is registered. Overdue fee charges may apply.**
- The Accused has the right to **Request a Hearing** in writing within three (3) days of receiving the dismissal except in cases of Ontario Soccer Misconduct Type 1.3, 1.5 and 1.6. The Request for Discipline Hearing Fee of **\$100.00** (cash or credit only) must be submitted at the time of request. If found not guilty, the fee will be refunded.
- Discipline decisions made under the **Discipline by Review** System **may not be appealed.**

B)

DISCIPLINE BY HEARING SYSTEM (DBH):

- FOR ALL OTHER TYPES OF MISCONDUCT, the registrant or his designated representative (with a signed proxy signed by the accused) **must** appear before the Discipline Committee for a hearing on the scheduled discipline date as published on the Southwest Soccer website with the **Discipline Hearing** fee of **\$100.00** (cash or credit only). If payment is not received the hearing will not go ahead and the accused will have failed to attend. If found not guilty, the fee will be refunded.
- **DISCIPLINE BY HEARING** decisions may be **appealed to the Ontario Soccer.**

C)

FAILURE TO ATTEND DISCIPLINE \DISCIPLINE BY HEARING:

- Failure to appear on the scheduled hearing date will result in the accused being suspended from all soccer activity until a Request for Hearing is made to the Southwest Soccer office and the subsequent hearing is attended. A **Request for Hearing** fee is **\$100.00** (cash or credit only) and is non-refundable.

D)

RIGHTS OF THE ACCUSED:

- Failure to appear by any of the "parties required to attend" following receipt of notification shall result in disciplinary action being taken against the absent party.
- The accused has the rights to receive within 48 hours upon submitting a written request to the organization, a copy of the Report(s) of Misconduct and all documentation which will be considered by the Discipline Hearing Panel.
- Witnesses, advisors and observers are entitled to attend, but they must appear in person. *Written reports by witnesses are not acceptable.* Parties are responsible for having witnesses attend a hearing.
- Requests for postponement of a Discipline Hearing must be submitted in writing; and be received by the Southwest Soccer no later than four (4) days prior to the date of the hearing on the face of this notice.
- Additional information on hearings and appeals is available on the Southwest Soccer website (www.swrsa.ca) and the Ontario Soccer website (www.ontariosoccer.net).



E)

MISCELLANEOUS:

- ☐ N.S.F. cheques will be assessed a \$75.00 Administrative fee.
- ☐ If Southwest Soccer receives back from its bank an NSF cheque, the **Club of the disciplined player** who has provided the NSF cheque becomes immediately responsible for full payment - the amount of the cheque plus the handling fee.

F)

OVER DUE FINES:

ONTARIO SOCCER Policy 10.5 Any registrant failing to pay a fine, fee or bond imposed by a Discipline Hearing / Review Panel shall be subject to an additional monetary penalty and if still unpaid, shall be subject to suspension and shall remain under suspension until imposed penalty (plus original fee, fine, bond) is paid.

SWRSA Rule 11.3: Any registrant failing to pay a fine, fee or bond imposed by a Discipline Hearing / Review Panel shall be subject to an additional monetary penalty of \$200.00 if the original fine, fee or bond is not received within 60 days. If still unpaid, shall be subject to suspension and shall remain under suspension until imposed penalty (plus the original fee, fine, bond) is paid.

How to Directions

Coaches Declaration Form

This form must be completed by all coaches before May 16th, 2022. Failure to submit this form by the deadline will incur a \$50.00 fine and the suspension of playing rights for your team.

This form can be found at: www.swrsaleague.ca → About → Registration

2022 Team Official Contacts

All team official contact information can all be found on the league website. Follow the steps below in order to find another teams contact information.

- Log in to your account at <https://swrsl.e2esoccer.com/Default.aspx>
- Click on the 'Contact' Tab
- Click 'Team Contacts' on left side menu
- In the drop down menu select the team you would like to contact
 - This should bring up at least one team official and their contact information



Other Forms

The following league forms can be found on the league website:

- *LIABILITY WAIVER FORM (TRAVELLING)*
- *OPPONENT NO-SHOW REPORT*
- *MATCH OFFICIAL NO-SHOW REPORT*
- *GAME CHANGE REQUEST FORM*

When needed these forms are to be submitted via email to league@swrsa.ca

They can be found at www.swrsaleague.ca → About → Administration