Retreat Line U13 Age Group

In order to maximize the effectiveness of the development of players in Southwest Soccer, a unique match rule has been implemented at the U13 age group called the Retreat Line Rule. This rule has been established to train young goalkeepers and defenders to restart the game from a goal kick in an optimal manner, without prohibitive pressure from the opposing attacking forwards.

The rule is as follows:

i. A ‘Retreat Line’ is drawn 15 metres beyond the top of the penalty area and will either be marked with different colour paint or with cones on either side of the field.

ii. On goal kicks ONLY, the opposing team must position all the players behind this line.

iii. The opposition is allowed to cross over this line once the ball has been released from the goalkeeper’s foot.